SUNDAY / DOMINGO

9:00AM 2HR Breakfast Meeting, Santa Cruz Vets Hall, Breakfast starts at 9:00, meeting from 10:00 to 11:00, 846 Front St., Santa Cruz, CA, 95060 (O,SD,WC,ME,CW,LS)

NOON 1HR Sunday Nooner, Santa Cruz Vets' Hall, 846 Front St., Santa Cruz, CA, 95060 (O,SD,WC)

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, (O,D,BK,LC,VM,CM) Meeting ID: 717 224 104 PW:8675309

5:00PM 1HR Just for Today, Calvary Episcopal Church (Little Red Church), Meets in the Fireside Room next to the courtyard, 532 Center St, Santa Cruz, CA, 95060 (O.D.IT.WC.BK)

5:30PM 1HR Serenity Seekers Meditation Mtg., Santa Cruz, CA, (C,ME,VM) Meeting ID: 812 8837 2984 PW: 8675309

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(VM)** *Meeting ID: 539 393 979 PW: 8675309*

7:00PM 1HR Atheists Recover Too, Santa Cruz, CA, **(Ag,VM)** *ID:* 920 9528 6032 *PW:* 8675309

7:00PM 1HR Conscious Contact, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 (O,SD,WC,CM)

8:00PM 1HR Step Study, Barios Unidos, 1817 Soquel Ave., Santa Cruz, CA, 95062 (O,BT,St,WC)

MONDAY / LUNES

NOON 1HR Monday Nooner, Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 (O,SD,WC)

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, 95060 (O,D,St,VM,CM) Meeting ID: 717 224 104 PW: 8675309

5:45PM 1HR Men's Room, London Nelson Center, 301 Center St., Santa Cruz, CA, 95060 (C,D,M)

6:00PM 1HR Living Clean, Little Red Church, 532 Center St., Santa Cruz, CA, 95060 (0,BK,LC)

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, (0,SD,VM) Meeting ID: 539 393 979 PW: 8675309

7:00PM 1HR Reading for Recovery, First United Methodist Church, 229 Stanford St, Watsonville. CA. 95076 (O.St.WC.BK)

8:00PM 1HR Don't Take Nothin' - Chip Meeting, Mid-County Senior Center, Chip Meeting, 829 Bay Ave, Capitola, CA, 95010 (O,SD,WC)

TUESDAY / MARTES

NOON 1HR Recovery at High Noon - Chip Meeting, Londen Nelson Center, Parking on the Street., 301 Center St., Santa Cruz, CA, 95060 (O,SD,WC)

NOON 1.25HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, (O,SD,VM,CM) Meeting ID: 717 224 104 PW: 8675309

6:00PM 1HR Invitation to Live, MHCAN, 1051 Cayuga St., Santa Cruz, CA, 95062 **(O,RF,WC)**

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, (O,SD,VM) Meeting ID: 539 393 979 PW: 8675309

6:30PM 1HR Ladies United NA (LUNA) (Watsonville), Santa Cruz, CA, **(0,SD,W,VM)** *Meeting ID: 840 4718 0462 PW: 8675309*

7:00PM 1HR NA Meeting, Ben Lomond Library, 9525 Mills St., Ben Lomond, CA, 95005 (O.SD.WC)

8: 90PM 1HR High Spirits - Chip Meeting, Calvary Episcopal Church (Little Red Church), Chip Meeting. 532 Center St. Santa Cruz. CA. 95060 (0.SD.WC)

8:00PM 1HR New Life, New Life Center, CHIP Meeting, 707 Fair Ave, Santa Cruz, CA, 95060 (O,SD,WC)

8:00PM 1HR Recovery Starts Here (Scotts Valley) - Chip Meeting, Community
Covenant Church, Chip Meeting, 2700 El Rancho Dr. Scotts Valley, CA, 95060 (O.SD.WC)

WEDNESDAY / MIÉRCOLES

NOON 1HR Back to Basics, Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz. CA, 95060 (O,SD,WC)

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, (O,D,JT,BK,VM,CM) Meeting ID: 717 224 104 PW: 8675309

6:00PM 1HR Living With Illness & Injury In Recovery (Capitola), Santa Cruz, CA, (C,D,IL,VM) Meeting ID: 842 7683 5707 PW 8675309

6:00PM 1HR Santa Cruz Homegroup, Calvary Episcopal Church (Little Red Church), In the Parrish Hall. Last Wed: chip/birthday cake meeting., 532 Center St, Santa Cruz, CA, 95060 **(O,SD,WC,CPM)**

6: 90PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, (O,SD,VM) Meeting ID: 539 393 979 PW: 8675309

6:30PM 1HR Brave Spaces, Ben Lomond Library, 9525 Mill St., Ben Lomond, CA, 95005 (W,ME,LS)

7:30PM 1HR Can't Do It Alone, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 (O.SD.WC)

8:00PM 1HR No Known Cure - Chip Meeting, Peace United Church, Chip Meeting, 900 High St. Santa Cruz. CA. 95060 (O.SD.WC)

THURSDAY / JUEVES

NOON 1HR NA Lunch Break, Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 (O,SD,WC)

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, (O,D,IP,VM,CM) Meeting ID: 717 224 104 PW: 8675309

6:00PM 1HR Surfin' the Net For Recovery - Literature Reading, Santa Cruz, CA, (O,BK,VM) Meeting ID: 539 393 979 PW: 8675309

6:00PM 1HR The Uptown Getdown, Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 (O.SD,WC,CM)

6:00PM 1HR Women Together, 7th Day Adventist Church (Building at back of parking lot) Chips last Thursday of month, 1024 Cayuga St, Santa Cruz, CA, 95062 **(C,RF,W,CW)**

7:00PM 1HR Recovery in the Barrio, Barios Unidos, 1817 Soquel Ave, Santa Cruz, CA, 95062 (0,SD)

8:00PM 1HR Came To Believe, Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 (O,SD,WC,LS)

FRIDAY / VIERNES

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Topic Wheel, Santa Cruz, CA, (O,D,To,VM,CM) Recovery wheel topic discussion meeting Meeting ID: 717 224 104 PW: 8675309

NOON 1HR We Want It Now, Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 (O,SD,WC)

6:00PM 1HR Men's Alumni, Calvary Episcopal Church (Little Red Church), Chip Meeting, 532 Center Street, Santa Cruz, CA, 95060 (C,D,M)

6:00PM 1HR Mermaids Surfin the Net for Recovery, Santa Cruz, CA, (C,D,W,CW,VM) Meeting ID: 856 5360 2758 PW: 8675309

6:00PM 1HR Message of Hope, Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 (C,D,W,CW)

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, (O,BK,VM) Meeting ID: 539 393 979 PW: 8675309

7:39PM 1HR Set Em Free (Scotts Valley), St Philip's Episcopal Church, 5271 Scott's Valley Drive, Scotts Valley, CA, 95066 (O,CL,SD)

8:00PM 1HR NA Meeting, Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 (O,SD,WC)

SATURDAY / SÁBADO

11:00AM 1HR Gateway to Freedom, Boulder Creek Recreation Center, 13333 Middleton Ave, Boulder Creek, CA, 95006 (O,SD)

NOON 1HR Downtown Get Down, Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 (O,D,WC)

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, (O,D,BK,VM,CM,SPAD) Meeting ID: 717 224 104 PW: 8675309

6:00PM 1HR Saturday Night Candlelight (Aptos), Santa Cruz, CA, (O,CL,SD,VM)
Meeting ID: 839 3134 3147 PW: 8675309

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(VM)** *Meeting ID: 539 393 979 PW: 8675309*

8:00PM 1.25HR Birthday Speaker Meeting, Market St Senior Center, 3rd Saturday of the month. date and location may vary. see events @ santacruzna.org for more info., 222 Market St., Santa Cruz, CA, 95060 **(O,So,CM)**

8:00PM 1HR Young People's Meeting (YPNA), Calvary Episcopal Church (Little Red Church), 532 Center St, Santa Cruz, CA, 95060 (O,SD,WC,YP)

MEETING FORMAT LEGEND				
Ag	Agnostic	BK	Book Study	
BT	Basic Text	С	Closed	
CL	Candlelight	CM	Chip Meeting	
CPM	Chips Monthly	CW	Children Welcome	
D	Discussion	IL	Illness	
IP	Informational Pamphlet	JT	Just for Today	
LC	Living Clean	LS	Literature Study	
М	Men	ME	Meditation	
0	Open	RF	Rotating Format	
SD	Speaker/Discussion	SPAD	A Spiritual Principle a Day	
So	Speaker Only	St	Step	
То	Topic	VM	Virtual Meeting	
W	Women	WC	Wheelchair	
YP	Young People			

HELPLINES	
Monterey County Narcotics Anonymous	MONTEREY (831) 624-2055
	SALINAS (831) 758-1630
San Jose Narcotics Anonymous	(408) 998-4200

EVENTS

Thanksgiving Marathon Meetings

6:00 PM Wednesday Nov. 26 to 11:50 PM Thursday Nov. 27 Barios Unidos 1817 Soquel Ave, Santa Cruz, CA 95062

SERVICE MEETINGS

Area Service

(855) 562-2789 x801 | scnaadm@gmail.com

1st Monday of the month, 6:30pm (2nd Monday if 1st is holiday). GSR training held before Area Service starting at 6pm each month.

In Person: Santa Cruz Veterans Hall 846 Front St Santa Cruz, CA 95060

Virtually: https://us06web.zoom.us/j/85927931109?pwd=cLCzaKIUSaxXc6ignQP4K 2Qur3p8IS.1 Meeting ID: 859 2793 1109 Password: 8675309

Hospitals and Institutions

scnahi@gmail.com (855) 562-2789 x802

Meets on the 2nd Tuesday of the month, 6:00 pm

London Nelson Center 301 Center St. Santa Cruz, CA, 95060

Literature Subcommittee

(855) 562-2789 x807 scna.literature@gmail.com

First Monday of the Month at 5:15 PM PDT in person at:

Verve Coffee Roasters 1540 Pacific Ave Santa Cruz CA 95060

Monterey Bay Convention of Narcotics Anonymous (MBCNA)

(855) 562-2789 x805 See our Website: www.mbcna.org

Monthly Virtual Meeting: MBCNA base committee meeting information is available on the MBCNA website.

Public Relations

santacruznapr@gmail.com (855) 562-2789 x800

2nd Wednesday of the month, 6:00 pm

London Nelson Center 301 Center Street Santa Cruz, CA 95060

Set Em Free Subcommittee

(855) 562-2789 x807 See our website: setemfree.org

3rd Sunday of Month $\,$ 6:00 PM in person: Market St Senior Center 222 Market St Santa Cruz, CA 95060 $\,$

Virtually: https://zoom.us/j/86100117749 Meeting ID: 861 0011 7749 Passcode: 8675309

Surf Camp Subcommittee

(855) 562-2789 x809 Or website: surfcamp.santacruzna.org

4th Monday of the month at 7:10 pm

MHCAN 1051 Cayuga St. Santa Cruz, CA 95062

PHONE NUMBERS



SANTA CRUZ AREA MEETING LIST NOVEMBER 2025

24 HOUR HELPLINE 855-562-2798

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

https://santacruzna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 55