SUNDAY / DOMINGO

10:00AM 1HR Spiritual Breakfast Meeting, Santa Cruz Vets Hall, 846 Front St., Santa Cruz, CA, 95060 **(O,SD,WC,ME,CW,LS)** *No longer serving breakfast*

NOON 1HR Sunday Nooner, Santa Cruz Vets' Hall, 846 Front St., Santa Cruz, CA, 95060 **(O,SD,WC)**

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, **(O,D,BK,LC,VM,CM)** *Meeting ID: 717 224 104 PW:8675309*

5:00PM 1HR Just for Today, Calvary Episcopal Church (Little Red Church), Meets in the Fireside Room next to the courtyard, 532 Center St, Santa Cruz, CA, 95060 **(O,D,JT,WC,BK)**

5:30PM 1HR Serenity Seekers Meditation Mtg., Santa Cruz, CA, **(C,ME,VM)** *Meeting ID: 812 8837 2984 PW: 8675309*

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(VM)** *Meeting ID: 539 393 979 PW: 8675309*

7:00PM 1HR Atheists Recover Too, Santa Cruz, CA, **(Ag,VM)** *ID: 920 9528 6032 PW: 8675309*

7:00PM 1HR Conscious Contact, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 **(O,SD,WC,CM)**

8:00PM 1HR Step Study, Barios Unidos, 1817 Soquel Ave., Santa Cruz, CA, 95062 **(O,BT,St,WC)**

MONDAY / LUNES

NOON 1HR Monday Nooner, Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, 95060 **(O,D,St,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

5:45PM 1HR Men's Room, London Nelson Center, 301 Center St., Santa Cruz, CA, 95060 **(C,D,M)**

6:00PM 1HR Living Clean, Little Red Church, 532 Center St., Santa Cruz, CA, 95060 **(O,BK,LC)**

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(O,SD,VM)** *Meeting ID: 539 393 979 PW: 8675309*

6:30PM 1HR Women in Recovery, 2700 El Rancho Dr., Santa Cruz, CA, 95060 **(O,D,W,WC,CW)**

7:00PM 1HR Reading for Recovery, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 **(O,St,WC,BK)**

8:00PM 1HR Don't Take Nothin' - Chip Meeting, Mid-County Senior Center, Chip Meeting, 829 Bay Ave, Capitola, CA, 95010 **(O,SD,WC)**

TUESDAY / MARTES

NOON 1HR Recovery at High Noon - Chip Meeting, Londen Nelson Center, Parking on the Street., 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

NOON 1.25HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, **(O,SD,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

5:30PM 1HR Invitation to Live, Trinity Presbyterian Church, 420 Melrose Ave, Santa Cruz, CA, 95062 **(O,RF,WC)**

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(O,SD,VM)** *Meeting ID: 539 393 979 PW: 8675309*

6:30PM 1HR Ladies United NA (LUNA) (Watsonville), Santa Cruz, CA, **(O,SD,W,VM)** *Meeting ID: 840 4718 0462 PW: 8675309*

7:00PM 1HR NA Meeting, Ben Lomond Library, 9525 Mills St., Ben Lomond, CA, 95005 **(O,SD,WC)**

8:00PM 1HR High Spirits - Chip Meeting, Calvary Episcopal Church (Little Red Church), Chip Meeting, 532 Center St, Santa Cruz, CA, 95060 **(O,SD,WC)**

8:00PM 1HR New Life, New Life Center, CHIP Meeting, 707 Fair Ave, Santa Cruz, CA, 95060 **(O,SD,WC)**

8:00PM 1HR Recovery Starts Here (Scotts Valley) - Chip Meeting, Community Covenant Church, Chip Meeting, 2700 El Rancho Dr, Scotts Valley, CA, 95060 **(O,SD,WC)**

WEDNESDAY / MIÉRCOLES

NOON 1HR Back to Basics, Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, **(O,D,JT,BK,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

6:00PM 1HR Living With Illness & Injury In Recovery (Capitola), Santa Cruz, CA, **(C,D,IL,VM)** *Meeting ID: 842 7683 5707 PW 8675309*

6:00PM 1HR Santa Cruz Homegroup, Calvary Episcopal Church (Little Red Church), In the Parrish Hall. Last Wed: chip/birthday cake meeting., 532 Center St, Santa Cruz, CA, 95060 **(O,SD,WC,CPM)**

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(O,SD,VM)** *Meeting ID: 539 393 979 PW: 8675309*

6:30PM 1HR Brave Spaces, Ben Lomond Library, 9525 Mill St., Ben Lomond, CA, 95005 **(W,ME,LS)**

7:30PM 1HR Can't Do It Alone, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 **(O,SD,WC)**

8:00PM 1HR No Known Cure - Chip Meeting, Peace United Church, Chip Meeting, 900 High St, Santa Cruz, CA, 95060 **(O,SD,WC)**

THURSDAY / JUEVES

NOON 1HR NA Lunch Break, Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, **(O,D,IP,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

6:00PM 1HR Surfin' the Net For Recovery - Literature Reading, Santa Cruz, CA, **(O,BK,VM)** *Meeting ID: 539 393 979 PW: 8675309*

6:00PM 1HR The Uptown Getdown, London Nelson Community Center, 301 Center St, Santa Cruz, CA, 95060 **(O,SD,WC,CM)**

6:00PM 1HR Women Together, 7th Day Adventist Church (Building at back of parking lot) Chips last Thursday of month, 1024 Cayuga St, Santa Cruz, CA, 95062 **(C,RF,W,CW)**

7:00PM 1HR Recovery in the Barrio, Barios Unidos, 1817 Soquel Ave, Santa Cruz, CA, 95062 **(O,SD)**

8:00PM 1HR Came To Believe, Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 **(O,SD,WC,LS)**

FRIDAY / VIERNES

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Topic Wheel, Santa Cruz, CA, **(O,D,To,VM,CM)** *Recovery wheel topic discussion meeting Meeting ID: 717 224 104 PW: 8675309*

NOON 1HR We Want It Now, Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

6:00PM 1HR Men's Alumni, Quaker Meeting Center, Chip Meeting, 225 Rooney St, Santa Cruz, CA, 95065 **(C,D,M)**

6:00PM 1HR Mermaids Surfin the Net for Recovery, Santa Cruz, CA, **(C,D,W,CW,VM)** *Meeting ID: 856 5360 2758 PW: 8675309*

6:00PM 1HR Message of Hope, Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 **(C,D,W,CW)**

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(O,BK,VM)** *Meeting ID: 539 393 979 PW: 8675309*

7:30PM 1HR Set Em Free (Scotts Valley), St Philip's Episcopal Church, 5271 Scott's Valley Drive, Scotts Valley, CA, 95066 **(O,CL,SD)**

8:00PM 1HR NA Meeting, Barrios Unidos, 1817 Soquel Ave, Santa Cruz, CA, 95062 **(O,SD,WC)**

SATURDAY / SÁBADO

11:00AM 1HR Gateway to Freedom, Boulder Creek Recreation Center, 13333 Middleton Ave, Boulder Creek, CA, 95006 **(O,SD)**

NOON 1HR Downtown Get Down, London Nelson Community Center, On the lawn, 301 Center St., Santa Cruz, CA, 95060 **(O,D,WC)**

NOON 1HR Surfin' the Net for Recovery - Not High at Noon, Santa Cruz, CA, **(O,D,BK,VM,CM,SPAD)** *Meeting ID: 717 224 104 PW: 8675309*

6:00PM 1.25HR Birthday Speaker Meeting, Mid County Senior Center, 3rd Saturday of the month September 2026, 829 Bay Ave, Capitola, CA, 95010 **(O,So,CM)** *4th Saturday of the month October 2026 Meeting ID: 923 5190 2166 PW: 8675309*

6:00PM 1HR Saturday Night Candlelight (Aptos), Santa Cruz, CA, **(O,CL,SD,VM)** *Meeting ID: 839 3134 3147 PW: 8675309*

6:00PM 1HR Surfin' the Net For Recovery, Santa Cruz, CA, **(VM)** *Meeting ID: 539 393 979 PW: 8675309*

8:00PM 1HR Young People's Meeting (YPNA), Trinity Presbyterian Church, 420 Melrose Ave, Santa Cruz, CA, 95062 **(O,SD,WC,YP)**

MEETING FORMAT LEGEND

Ag	Agnostic	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	CM	Chip Meeting
CPM	Chips Monthly	CW	Children Welcome
D	Discussion	IL	Illness
IP	Informational Pamphlet	JT	Just for Today
LC	Living Clean	LS	Literature Study
M	Men	ME	Meditation
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SPAD	A Spiritual Principle a Day
So	Speaker Only	St	Step
To	Topic	VM	Virtual Meeting
W	Women	WC	Wheelchair
YP	Young People		

HELPLINES

Monterey County Narcotics Anonymous	MONTEREY (831) 624-2055
	SALINAS (831) 758-1630
San Jose Narcotics Anonymous	(408) 998-4200

EVENTS

Thanksgiving Marathon Meetings

6:00 PM Wednesday Nov. 26 to 11:50 PM Thursday Nov. 27

Barios Unidos 1817 Soquel Ave, Santa Cruz, CA 95062

SERVICE MEETINGS

Area Service

(855) 562-2789 x801 | scnaadm@gmail.com

1st Monday of the month, 6:30pm (2nd Monday if 1st is holiday). GSR training held before Area Service starting at 6pm each month.

In Person: Santa Cruz Veterans Hall 846 Front St Santa Cruz, CA 95060

Virtually: https://us06web.zoom.us/j/85927931109?pwd=cLCzaKlUSaxXc6ignQP4K2Qur3p8JS.1 Meeting ID: 859 2793 1109 Password: 8675309

Hospitals and Institutions

scnahi@gmail.com (855) 562-2789 x802

Meets on the 2nd Tuesday of the month, 6:00 pm

London Nelson Center 301 Center St. Santa Cruz, CA, 95060

Literature Subcommittee

(855) 562-2789 x807 scna.literature@gmail.com

First Monday of the Month at 5:15 PM PDT in person at:

Verve Coffee Roasters 1540 Pacific Ave Santa Cruz CA 95060

Monterey Bay Convention of Narcotics Anonymous (MBCNA)

(855) 562-2789 x805 See our Website: www.mbcna.org

Monthly Virtual Meeting: MBCNA base committee meeting information is available on the MBCNA website.

Public Relations

santacruznapr@gmail.com (855) 562-2789 x800

2nd Wednesday of the month, 6:00 pm

London Nelson Center 301 Center Street Santa Cruz, CA 95060

Set Em Free Subcommittee

(855) 562-2789 x807 See our website: setemfree.org

3rd Sunday of Month 6:00 PM in person: Market St Senior Center 222 Market St Santa Cruz, CA 95060

Virtually: https://zoom.us/j/86100117749 Meeting ID: 861 0011 7749 Passcode: 8675309

Surf Camp Subcommittee

(855) 562-2789 x809 Or website: surfcamp.santacruzna.org

4th Monday of the month at 7:10 pm

MHCAN 1051 Cayuga St. Santa Cruz, CA 95062

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

SANTA CRUZ AREA

MEETING LIST

NOVEMBER 2026

24 HOUR HELPLINE
855-562-2798

https://santacruzna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 56