

## SUNDAY / DOMINGO

**10:00AM 3HR Softball Practice**, Jade Street Park, 4400 Jade St., Capitola, CA, 95010 **(O,WC,CW)**

**10:00AM 1HR Spiritual Breakfast Meeting**, Santa Cruz Vets Hall, 846 Front St., Santa Cruz, CA, 95060 **(O,SD,WC,ME,CW,LS)** *No longer serving breakfast*

**NOON 1HR Sunday Nooner**, Santa Cruz Vets' Hall, 846 Front St., Santa Cruz, CA, 95060 **(O,SD,WC)**

**NOON 1HR Surfin' the Net for Recovery - Not High at Noon**, Santa Cruz, CA, **(O,D,BK,LC,VM,CM)** *Meeting ID: 717 224 104 PW:8675309*

**5:00PM 1HR Just for Today**, Calvary Episcopal Church (Little Red Church), Meets in the Fireside Room next to the courtyard, 532 Center St, Santa Cruz, CA, 95060 **(O,D,JT,WC,BK)**

**5:30PM 1HR Serenity Seekers Meditation Mtg.**, Santa Cruz, CA, **(C,ME,VM)** *Meeting ID: 812 8837 2984 PW: 8675309*

**6:00PM 1HR Surfin' the Net For Recovery**, Santa Cruz, CA, **(VM)** *Meeting ID: 539 393 979 PW: 8675309*

**7:00PM 1HR Atheists Recover Too**, Santa Cruz, CA, **(Ag,VM)** *ID: 920 9528 6032 PW: 8675309*

**7:00PM 1HR Conscious Contact**, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 **(O,SD,WC,CM)**

**8:00PM 1HR Step Study**, Barios Unidos, 1817 Soquel Ave., Santa Cruz, CA, 95062 **(O,BT,St,WC)**

## MONDAY / LUNES

**NOON 1HR Monday Nooner**, Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

**NOON 1HR Surfin' the Net for Recovery - Not High at Noon**, Santa Cruz, CA, 95060 **(O,D,St,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

**5:45PM 1HR Men's Room**, Londen Nelson Center, 301 Center St., Santa Cruz, CA, 95060 **(C,D,M)**

**6:00PM 1HR Living Clean**, Little Red Church, 532 Center St., Santa Cruz, CA, 95060 **(O,BK,LC)**

**6:30PM 1HR Surfin' the Net For Recovery**, Santa Cruz, CA, **(O,SD,VM)** *Meeting ID: 539 393 979 PW: 8675309*

**7:00PM 1HR Reading for Recovery**, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 **(O,St,WC,BK)**

**8:00PM 1HR Don't Take Nothin' - Chip Meeting**, Mid-County Senior Center, Chip Meeting, 829 Bay Ave, Capitola, CA, 95010 **(O,SD,WC)**

## TUESDAY / MARTES

**NOON 1HR Recovery at High Noon - Chip Meeting**, Londen Nelson Center, Parking on the Street., 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

**NOON 1.25HR Surfin' the Net for Recovery - Not High at Noon**, Santa Cruz, CA, **(O,SD,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

**5:30PM 1HR Invitation to Live**, Trinity Presbyterian Church, 420 Melrose Ave, Santa Cruz, CA, 95062 **(O,RF,WC)**

**6:00PM 1HR Surfin' the Net For Recovery**, Santa Cruz, CA, **(O,SD,VM)** *Meeting ID: 539 393 979 PW: 8675309*

**6:30PM 1HR Ladies United NA (LUNA) (Watsonville)**, Santa Cruz, CA, **(O,SD,W,VM)** *Meeting ID: 840 4718 0462 PW: 8675309*

**7:00PM 1HR NA Meeting**, Ben Lomond Library, 9525 Mills St., Ben Lomond, CA, 95005 **(O,SD,WC)**

**8:00PM 1HR High Spirits - Chip Meeting**, Calvary Episcopal Church (Little Red Church), Chip Meeting, 532 Center St, Santa Cruz, CA, 95060 **(O,SD,WC)**

**8:00PM 1HR New Life**, New Life Center, CHIP Meeting, 707 Fair Ave, Santa Cruz, CA, 95060 **(O,SD,WC)**

**8:00PM 1HR Recovery Starts Here (Scotts Valley) - Chip Meeting**, Community Covenant Church, Chip Meeting, 2700 El Rancho Dr, Scotts Valley, CA, 95060 **(O,SD,WC)**

## WEDNESDAY / MIÉRCOLES

**NOON 1HR Back to Basics**, Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

**NOON 1HR Surfin' the Net for Recovery - Not High at Noon**, Santa Cruz, CA, **(O,D,JT,BK,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

**6:00PM 1HR Living With Illness & Injury In Recovery (Capitola)**, Santa Cruz, CA, **(C,D,IL,VM)** *Meeting ID: 842 7683 5707 PW 8675309*

**6:00PM 1HR Santa Cruz Homegroup**, Calvary Episcopal Church (Little Red Church), In the Parrish Hall. Last Wed: chip/birthday cake meeting., 532 Center St, Santa Cruz, CA, 95060 **(O,SD,WC,CPM)**

**6:00PM 1HR Surfin' the Net For Recovery**, Santa Cruz, CA, **(O,SD,VM)** *Meeting ID: 539 393 979 PW: 8675309*

**6:30PM 1HR Brave Spaces**, Ben Lomond Library, 9525 Mill St., Ben Lomond, CA, 95005 **(W,ME,LS)**

**7:30PM 1HR Can't Do It Alone**, First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 **(O,SD,WC)**

**8:00PM 1HR No Known Cure - Chip Meeting**, Peace United Church, Chip Meeting, 900 High St, Santa Cruz, CA, 95060 **(O,SD,WC)**

## THURSDAY / JUEVES

**NOON 1HR NA Lunch Break**, Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

**NOON 1HR Surfin' the Net for Recovery - Not High at Noon**, Santa Cruz, CA, **(O,D,IP,VM,CM)** *Meeting ID: 717 224 104 PW: 8675309*

**6:00PM 1HR Surfin' the Net For Recovery - Literature Reading**, Santa Cruz, CA, **(O,BK,VM)** *Meeting ID: 539 393 979 PW: 8675309*

**6:00PM 1HR The Uptown Getdown**, Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 **(O,SD,WC,LS)**

**6:00PM 1HR Women Together**, 7th Day Adventist Church (Building at back of parking lot) Chips last Thursday of month, 1024 Cayuga St, Santa Cruz, CA, 95062 **(C,RF,W,WC)**

**7:00PM 1HR Recovery in the Barrio**, Barios Unidos, 1817 Soquel Ave, Santa Cruz, CA, 95062 **(O,SD)**

**8:00PM 1HR Came To Believe**, Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 **(O,SD,WC,LS)**

## FRIDAY / VIERNES

**NOON 1HR Surfin' the Net for Recovery - Not High at Noon**, Topic Wheel, Santa Cruz, CA, **(O,D,To,VM,CM)** *Recovery wheel topic discussion meeting Meeting ID: 717 224 104 PW: 8675309*

**NOON 1HR We Want It Now**, Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 **(O,SD,WC)**

**6:00PM 1HR Men's Alumni**, Calvary Episcopal Church (Little Red Church), Chip Meeting, 532 Center Street, Santa Cruz, CA, 95060 **(C,D,M)**

**6:00PM 1HR Mermaids Surfin the Net for Recovery**, Santa Cruz, CA, **(C,D,W,CW,VM)** *Meeting ID: 856 5360 2758 PW: 8675309*

**6:00PM 1HR Message of Hope**, Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 **(C,D,W,CW)**

**6:00PM 1HR Surfin' the Net For Recovery**, Santa Cruz, CA, **(O,BK,VM)** *Meeting ID: 539 393 979 PW: 8675309*

**7:30PM 1HR Set Em Free (Scotts Valley)**, St Philip's Episcopal Church, 5271 Scott's Valley Drive, Scotts Valley, CA, 95066 **(O,CL,SD)**

**8:00PM 1HR NA Meeting**, Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 **(O,SD,WC)**

## SATURDAY / SÁBADO

**11:00AM 1HR Gateway to Freedom**, Boulder Creek Recreation Center, 13333 Middleton Ave, Boulder Creek, CA, 95006 **(O,SD)**

**NOON 1HR Downtown Get Down**, Londen Nelson Community Center, On the lawn, 301 Center St., Santa Cruz, CA, 95060 **(O,D,WC)**

**NOON 1HR Surfin' the Net for Recovery - Not High at Noon**, Santa Cruz, CA, **(O,D,BK,VM,CM,SPAD)** *Meeting ID: 717 224 104 PW: 8675309*

**6:00PM 1HR Saturday Night Candlelight (Aptos)**, Santa Cruz, CA, **(O,CL,SD,VM)** *Meeting ID: 839 3134 3147 PW: 8675309*

**6:00PM 1HR Surfin' the Net For Recovery**, Santa Cruz, CA, **(VM)** *Meeting ID: 539 393 979 PW: 8675309*

**8:00PM 1.25HR Birthday Speaker Meeting**, Market St Senior Center, 3rd Saturday of the month. date and location may vary. see events @ santacruzna.org for more info., 222 Market St., Santa Cruz, CA, 95060 **(O,So,CM)**

**8:00PM 1HR Young People's Meeting (YPNA)**, Calvary Episcopal Church (Little Red Church), 532 Center St, Santa Cruz, CA, 95060 **(O,SD,WC,YP)**

| MEETING FORMAT LEGEND |                        |      |                             |
|-----------------------|------------------------|------|-----------------------------|
| Ag                    | Agnostic               | BK   | Book Study                  |
| BT                    | Basic Text             | C    | Closed                      |
| CL                    | Candlelight            | CM   | Chip Meeting                |
| CPM                   | Chips Monthly          | CW   | Children Welcome            |
| D                     | Discussion             | IL   | Illness                     |
| IP                    | Informational Pamphlet | JT   | Just for Today              |
| LC                    | Living Clean           | LS   | Literature Study            |
| M                     | Men                    | ME   | Meditation                  |
| O                     | Open                   | RF   | Rotating Format             |
| SD                    | Speaker/Discussion     | SPAD | A Spiritual Principle a Day |
| So                    | Speaker Only           | St   | Step                        |
| To                    | Topic                  | VM   | Virtual Meeting             |
| W                     | Women                  | WC   | Wheelchair                  |
| YP                    | Young People           |      |                             |

## HELPLINES

Monterey County Narcotics Anonymous **MONTEREY (831) 624-2055**  
**SALINAS (831) 758-1630**

San Jose Narcotics Anonymous **(408) 998-4200**

## EVENTS

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### Thanksgiving Marathon Meetings

6:00 PM Wednesday Nov. 26 to 11:50 PM Thursday Nov. 27  
Barios Unidos 1817 Soquel Ave, Santa Cruz, CA 95062

## SERVICE MEETINGS

### Area Service

(855) 562-2789 x801 | [scnaadm@gmail.com](mailto:scnaadm@gmail.com)

1st Monday of the month, 6:30pm (2nd Monday if 1st is holiday). GSR training held before Area Service starting at 6pm each month.

In Person: Santa Cruz Veterans Hall 846 Front St Santa Cruz, CA 95060

Virtualy: <https://us06web.zoom.us/j/85927931109?pwd=cLZzaKlUaXxc6ignQP4k2Qur3p8jS.1> Meeting ID: 859 2793 1109 Password: 8675309

### Hospitals and Institutions

scnahi@gmail.com (855) 562-2789 x802

Meets on the 2nd Tuesday of the month, 6:00 pm

Londen Nelson Center 301 Center St. Santa Cruz, CA, 95060

### Literature Subcommittee

(855) 562-2789 x807 [scna.literature@gmail.com](mailto:scna.literature@gmail.com)

First Monday of the Month at 5:15 PM PDT in person at:

Verve Coffee Roasters 1540 Pacific Ave Santa Cruz CA 95060

### Monterey Bay Convention of Narcotics Anonymous (MBCNA)

(855) 562-2789 x805 See our Website: [www.mbcna.org](http://www.mbcna.org)

Monthly Virtual Meeting: MBCNA base committee meeting information is available on the MBCNA website.

### Public Relations

santacruznapr@gmail.com (855) 562-2789 x800

2nd Wednesday of the month, 6:00 pm

Londen Nelson Center 301 Center Street Santa Cruz, CA 95060

### Set Em Free Subcommittee

(855) 562-2789 x807 See our website: [setemfree.org](http://setemfree.org)

3rd Sunday of Month 6:00 PM in person: Market St Senior Center 222 Market St Santa Cruz, CA 95060

Virtualy: <https://zoom.us/j/86100117749> Meeting ID: 861 0011 7749 Passcode: 8675309

### Surf Camp Subcommittee

(855) 562-2789 x809 Or website: [surfcamp.santacruzna.org](http://surfcamp.santacruzna.org)

4th Monday of the month at 7:10 pm

MHCAN 1051 Cayuga St. Santa Cruz, CA 95062



**SANTA CRUZ AREA**

**MEETING LIST**

**MAY 2026**

**24 HOUR HELPLINE**

855-562-2798

<https://santacruzna.org>

**SUGGESTIONS FOR EVERYONE**

- DON'T USE** no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the **PHONE**

**KEEP COMING BACK. IT WORKS**

**What is our message?**

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.

Our message is hope  
and the promise of freedom.

Basic Text, page 65