

SUNDAY / DOMINGO
<b>9:00AM 2HR Breakfast Meeting</b> , Santa Cruz Vets Hall, Breakfast starts at 9:00, meeting from 10:00 to 11:00, 846 Front St., Santa Cruz, CA, 95060 <b>(O,SD,WC,ME,CW,LS)</b>
<b>NOON 1HR Sunday Nooner</b> , Santa Cruz Vets' Hall, 846 Front St., Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>NOON 1HR Surfin' the Net for Recovery - Not High at Noon</b> , Santa Cruz, CA, <b>(O,D,BK,LC,VM,CM)</b> <i>Meeting ID: 717 224 104 PW:8675309</i>
<b>5:00PM 1HR Just for Today</b> , Calvary Episcopal Church (Little Red Church), Meets in the Fireside Room next to the courtyard, 532 Center St, Santa Cruz, CA, 95060 <b>(O,D,JT,WC,BK)</b>
<b>5:30PM 1HR Serenity Seekers Meditation Mtg.</b> , Santa Cruz, CA, <b>(C,ME,VM)</b> <i>Meeting ID: 812 8837 2984 PW: 8675309</i>
<b>6:00PM 1HR Surfin' the Net For Recovery</b> , Santa Cruz, CA, <b>(VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>
<b>7:00PM 1HR Atheists Recover Too</b> , Santa Cruz, CA, <b>(Ag,VM)</b> <i>ID: 920 9528 6032 PW: 8675309</i>
<b>7:00PM 1HR Conscious Contact</b> , First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 <b>(O,SD,WC,CM)</b>
<b>8:00PM 1HR Step Study</b> , Barios Unidos, 1817 Soquel Ave., Santa Cruz, CA, 95062 <b>(O,BT,St,WC)</b>
MONDAY / LUNES
<b>NOON 1HR Monday Nooner</b> , Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>NOON 1HR Surfin' the Net for Recovery - Not High at Noon</b> , Santa Cruz, CA, 95060 <b>(O,D,St,VM,CM)</b> <i>Meeting ID: 717 224 104 PW: 8675309</i>
<b>5:45PM 1HR Men's Room</b> , London Nelson Center, 301 Center St., Santa Cruz, CA, 95060 <b>(C,D,M)</b>
<b>6:00PM 1HR Living Clean</b> , Little Red Church, 532 Center St., Santa Cruz, CA, 95060 <b>(O,BK,LC)</b>
<b>6:00PM 1HR Surfin' the Net For Recovery</b> , Santa Cruz, CA, <b>(O,SD,VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>
<b>7:00PM 1HR Reading for Recovery</b> , First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 <b>(O,St,WC,BK)</b>
<b>8:00PM 1HR Don't Take Nothin' - Chip Meeting</b> , Mid-County Senior Center, Chip Meeting, 829 Bay Ave, Capitola, CA, 95010 <b>(O,SD,WC)</b>
TUESDAY / MARTES
<b>NOON 1HR Recovery at High Noon - Chip Meeting</b> , Londen Nelson Center, Parking on the Street., 301 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>NOON 1. 25HR Surfin' the Net for Recovery - Not High at Noon</b> , Santa Cruz, CA, <b>(O,SD,VM,CM)</b> <i>Meeting ID: 717 224 104 PW: 8675309</i>
<b>6:00PM 1HR Invitation to Live</b> , MHCAN, 1051 Cayuga St., Santa Cruz, CA, 95062 <b>(O,RF,WC)</b>
<b>6:00PM 1HR Surfin' the Net For Recovery</b> , Santa Cruz, CA, <b>(O,SD,VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>
<b>6:30PM 1HR Ladies United NA (LUNA) (Watsonville)</b> , Santa Cruz, CA, <b>(O,SD,W,VM)</b> <i>Meeting ID: 840 4718 0462 PW: 8675309</i>
<b>7:00PM 1HR NA Meeting</b> , Ben Lomond Library, 9525 Mills St., Ben Lomond, CA, 95005 <b>(O,SD,WC)</b>
<b>8:00PM 1HR High Spirits - Chip Meeting</b> , Calvary Episcopal Church (Little Red Church), Chip Meeting, 532 Center St, Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>8:00PM 1HR New Life</b> , New Life Center, CHIP Meeting, 707 Fair Ave, Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>8:00PM 1HR Recovery Starts Here (Scotts Valley) - Chip Meeting</b> , Community Covenant Church, Chip Meeting, 2700 El Rancho Dr, Scotts Valley, CA, 95060 <b>(O,SD,WC)</b>
WEDNESDAY / MIÉRCOLES
<b>NOON 1HR Back to Basics</b> , Londen Nelson Center, Parking available on the street., 301 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>NOON 1HR Surfin' the Net for Recovery - Not High at Noon</b> , Santa Cruz, CA, <b>(O,D,JT,BK,VM,CM)</b> <i>Meeting ID: 717 224 104 PW: 8675309</i>
<b>6:00PM 1HR Living With Illness &amp; Injury In Recovery (Capitola)</b> , Santa Cruz, CA, <b>(C,D,IL,VM)</b> <i>Meeting ID: 842 7683 5707 PW 8675309</i>
<b>6:00PM 1HR Santa Cruz Homegroup</b> , Calvary Episcopal Church (Little Red Church), In the Parrish Hall. Last Wed: chip/birthday cake meeting., 532 Center St, Santa Cruz, CA, 95060 <b>(O,SD,WC,CPM)</b>
<b>6:00PM 1HR Surfin' the Net For Recovery</b> , Santa Cruz, CA, <b>(O,SD,VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>

<b>6:30PM 1HR Brave Spaces</b> , Ben Lomond Library, 9525 Mill St., Ben Lomond, CA, 95005 <b>(W,ME,LS)</b>
<b>7:30PM 1HR Can't Do It Alone</b> , First United Methodist Church, 229 Stanford St, Watsonville, CA, 95076 <b>(O,SD,WC)</b>
<b>8:00PM 1HR No Known Cure - Chip Meeting</b> , Peace United Church, Chip Meeting, 900 High St, Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
THURSDAY / JUEVES
<b>NOON 1HR NA Lunch Break</b> , Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>NOON 1HR Surfin' the Net for Recovery - Not High at Noon</b> , Santa Cruz, CA, <b>(O,D,IP,VM,CM)</b> <i>Meeting ID: 717 224 104 PW: 8675309</i>
<b>6:00PM 1HR Surfin' the Net For Recovery - Literature Reading</b> , Santa Cruz, CA, <b>(O,BK,VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>
<b>6:00PM 1HR The Uptown Getdown</b> , Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC,CM)</b>
<b>6:00PM 1HR Women Together</b> , 7th Day Adventist Church (Building at back of parking lot) Chips last Thursday of month, 1024 Cayuga St, Santa Cruz, CA, 95062 <b>(C,RF,W,CW)</b>
<b>7:00PM 1HR Recovery in the Barrio</b> , Barios Unidos, 1817 Soquel Ave, Santa Cruz, CA, 95062 <b>(O,SD)</b>
<b>8:00PM 1HR Came To Believe</b> , Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC,LS)</b>
FRIDAY / VIERNES
<b>NOON 1HR Surfin' the Net for Recovery - Not High at Noon</b> , Topic Wheel, Santa Cruz, CA, <b>(O,D,To,VM,CM)</b> <i>Recovery wheel topic discussion meeting Meeting ID: 717 224 104 PW: 8675309</i>
<b>NOON 1HR We Want It Now</b> , Londen Nelson Center, Parking on the Street, 301 Center St., Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
<b>6:00PM 1HR Men's Alumni</b> , Calvary Episcopal Church (Little Red Church), Chip Meeting, 532 Center Street, Santa Cruz, CA, 95060 <b>(C,D,M)</b>
<b>6:00PM 1HR Mermaids Surfin the Net for Recovery</b> , Santa Cruz, CA, <b>(C,D,W,CW,VM)</b> <i>Meeting ID: 856 5360 2758 PW: 8675309</i>
<b>6:00PM 1HR Message of Hope</b> , Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 <b>(C,D,W,CW)</b>
<b>6:00PM 1HR Surfin' the Net For Recovery</b> , Santa Cruz, CA, <b>(O,BK,VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>
<b>7:30PM 1HR Set Em Free (Scotts Valley)</b> , St Philip's Episcopal Church, 5271 Scott's Valley Drive, Scotts Valley, CA, 95066 <b>(O,CL,SD)</b>
<b>8:00PM 1HR NA Meeting</b> , Calvary Episcopal Church (Little Red Church), 532 Center Street, Santa Cruz, CA, 95060 <b>(O,SD,WC)</b>
SATURDAY / SÁBADO
<b>11:00AM 1HR Gateway to Freedom</b> , Boulder Creek Recreation Center, 13333 Middleton Ave, Boulder Creek, CA, 95006 <b>(O,SD)</b>
<b>NOON 1HR Downtown Get Down</b> , Calvary Episcopal Church (Little Red Church), 532 Center St., Santa Cruz, CA, 95060 <b>(O,D,WC)</b>
<b>NOON 1HR Surfin' the Net for Recovery - Not High at Noon</b> , Santa Cruz, CA, <b>(O,D,BK,VM,CM,SPAD)</b> <i>Meeting ID: 717 224 104 PW: 8675309</i>
<b>6:00PM 1HR Saturday Night Candlelight (Aptos)</b> , Santa Cruz, CA, <b>(O,CL,SD,VM)</b> <i>Meeting ID: 839 3134 3147 PW: 8675309</i>
<b>6:00PM 1HR Surfin' the Net For Recovery</b> , Santa Cruz, CA, <b>(VM)</b> <i>Meeting ID: 539 393 979 PW: 8675309</i>
<b>8:00PM 1. 25HR Birthday Speaker Meeting</b> , Market St Senior Center, 3rd Saturday of the month. date and location may vary. see events @ santacruzna.org for more info., 222 Market St., Santa Cruz, CA, 95060 <b>(O,So,CM)</b>
<b>8:00PM 1HR Young People's Meeting (YPNA)</b> , Calvary Episcopal Church (Little Red Church), 532 Center St, Santa Cruz, CA, 95060 <b>(O,SD,WC,YP)</b>

MEETING FORMAT LEGEND			
Ag	Agnostic	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	CM	Chip Meeting
CPM	Chips Monthly	CW	Children Welcome
D	Discussion	IL	Illness
IP	Informational Pamphlet	JT	Just for Today
LC	Living Clean	LS	Literature Study
M	Men	ME	Meditation
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SPAD	A Spiritual Principle a Day
So	Speaker Only	St	Step
To	Topic	VM	Virtual Meeting
W	Women	WC	Wheelchair
YP	Young People		

HELPLINES	
Monterey County Narcotics Anonymous	MONTEREY (831) 624-2055
	SALINAS (831) 758-1630
San Jose Narcotics Anonymous	(408) 998-4200

EVENTS
<b>Thanksgiving Marathon Meetings</b> 6:00 PM Wednesday Nov. 26 to 11:50 PM Thursday Nov. 27 Barios Unidos 1817 Soquel Ave, Santa Cruz, CA 95062
SERVICE MEETINGS

**Area Service**  
(855) 562-2789 x801 | [scnaadm@gmail.com](mailto:scnaadm@gmail.com)  
1st Monday of the month, 6:30pm (2nd Monday if 1st is holiday). GSR training held before Area Service starting at 6pm each month.  
In Person: Santa Cruz Veterans Hall 846 Front St Santa Cruz, CA 95060  
Virtually: <https://us06web.zoom.us/j/85927931109?pwd=cLZzaKlUSaxXc6ignQP4k2Qur3p8JS.1> Meeting ID: 859 2793 1109 Password: 8675309

**Hospitals and Institutions**  
scnahi@gmail.com (855) 562-2789 x802  
Meets on the 2nd Tuesday of the month, 6:00 pm  
London Nelson Center 301 Center St. Santa Cruz, CA, 95060

**Literature Subcommittee**  
(855) 562-2789 x807 [scna.literature@gmail.com](mailto:scna.literature@gmail.com)  
First Monday of the Month at 5:15 PM PDT in person at:  
Verve Coffee Roasters 1540 Pacific Ave Santa Cruz CA 95060

**Monterey Bay Convention of Narcotics Anonymous (MBCNA)**  
(855) 562-2789 x805 See our Website: [www.mbcna.org](http://www.mbcna.org)  
Monthly Virtual Meeting: MBCNA base committee meeting information is available on the MBCNA website.

**Public Relations**  
[santacruznapr@gmail.com](mailto:santacruznapr@gmail.com) (855) 562-2789 x800  
2nd Wednesday of the month, 6:00 pm  
London Nelson Center 301 Center Street Santa Cruz, CA 95060

**Set Em Free Subcommittee**  
(855) 562-2789 x807 See our website: [setemfree.org](http://setemfree.org)  
3rd Sunday of Month 6:00 PM in person: Market St Senior Center 222 Market St Santa Cruz, CA 95060  
Virtually: <https://zoom.us/j/86100117749> Meeting ID: 861 0011 7749 Passcode: 8675309

**Surf Camp Subcommittee**  
(855) 562-2789 x809 Or website: [surfcamp.santacruzna.org](http://surfcamp.santacruzna.org)  
4th Monday of the month at 7:10 pm  
MHCAN 1051 Cayuga St. Santa Cruz, CA 95062



**SANTA CRUZ AREA  
MEETING LIST  
DECEMBER 2025**

**24 HOUR HELPLINE**  
855-562-2798

<https://santacruzna.org>

**What is our message?**

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.

Our message is hope  
and the promise of freedom.

Basic Text, page 65

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the **PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 55